

Advanced Reiki Training

Quarterly Announcement Reiki classes
In Light of One Healing Center
Walden Lakes East Plant City Florida
Class fee: \$300.00

Instructor

Dona Strong

Prior to taking this class you will have completed Reiki I & II and utilized these symbols on family and friends for a minimum of 6 months and be able to draw these symbols from memory. This class includes both Reiki I & II Symbols & Master Symbol. There is a combination of the Japanese and Western styles as introduced by Sensei Usui and Takata. On completion and certification in this class, you will receive an attunement with the Reiki Master Symbol.

- **Nature of Reiki energy**, why people get sick and how Reiki heals.
- **Reiki Ideals as daily belief systems**
- **Human Energy System in detail**
- **Complete hand placement** review
- **Gassho**: meditation
- **Byosen Scanning**: Using the sensitivity in the hands to locate areas needing healing, (usually in the aura) and to treat them.
- **Reiji-Ho**: Using inner guidance to know how and where to treat.
- **Kenyoku**: Dry bathing, a method to purify your energy field
- **Koki-ho**: Using the breath to heal.
- **Gyoshi-ho**: Sending Reiki with the eyes.
- **Sending Reiki** at a distance
- **Reiki Master Symbol**: How to draw, activate this symbol. The many uses are explained and their inner meaning is discussed. Ample Practice time is given so students know from experience how the energy of each symbols feels and the results each symbol produces.
- **Attunement** for Reiki Master is given.

Everything is energy and that's all there is to it. Match the frequency of the reality you want and you cannot help but get that reality. It can be no other way. This is not philosophy. This is physics.
-Albert Einstein



The class is a combination of lecture, discussion, demonstration and practice time. Each student experiences giving and receiving a complete treatment using Byosen scanning and the hand placement system. Practice time is given using all the Reiki symbols as well as techniques mentioned above.

Questions

If you have questions, please contact us: **In the Light of ONE** at: 813-752-1325, or email dona.strong@inthelightofone.com

Location

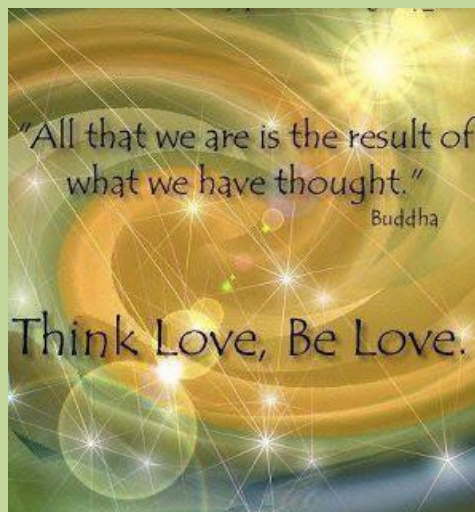
**Walden Lakes East
In the light of one Healing Center**
Plant City, Florida

Register by phone or email Registration form to:

Email: dona.strong@inthelightofone.com
<http://inthelightofone.com/events.html>



A class manual and a certification are included.



In the process of learning to be a healer, we'll be practicing on each other and receive healing as well. This is a wonderful class for those wishing to take their Reiki to the next level!! If you have completed Reiki I & II and have 6 months experience this class is for you! You will take your Reiki to the next Level of excellence!! If you took your Reiki I & II with another instructor please fax a copy of your certificate to our Center when signing up. We're going to have a Experiential Experience and meaningful meditations I look forward to seeing you in class.

Dona Strong Master Teacher